



Utah County CHADD AD/HD Support Group

For parents and educators of children with AD/HD, and/or adults with AD/HD

Upcoming Speakers & Topics

April's meeting is on a WEDNESDAY due to room scheduling conflicts.



WEDNESDAY, APRIL 12, 2017

AD/HD: How to Stop the Meltdowns

PRESENTED BY: MARY JANE NELSON

Janey Nelson is a Master of Social Work who got her degree from BYU. She has been in practice as a Licensed Clinical Social Worker (LCSW) for about 15 years working mostly with teenagers. A career in social work began years before Mrs. Nelson ever thought of entering her social work program and has taken her through many nuances of social work beginning in the Division of Child and

Family Services, Utah foster program. Throughout her profession, she has worked in schools, hospital settings, inpatient treatment facilities, outpatient centers, and is currently working in private practice. Additionally, Janey has been a speaker at state and national mental health conventions. Janey was a foster parent for a span of about 22 years. During that time, she worked with just teenage girls and had around 150 different girls come live in her house. While foster parenting, she was awarded Utah's Child Advocate of the Year.



THURS. MAY 11, 2017

AD/HD: Impulse Control and Self-regulation

PRESENTED BY: CAMILLE CURTIS FOSTER

Camille is a mother of ADHD children and a licensed clinical social worker. Because of her search for parenting solutions for her ADHD children, she entered graduate school at the U of U in 2004 to research the subject, earning a

Masters degree in Social Work. She earned her BA degree at BYU in Communications. Camille is a highly-trained therapist with a passion for mental health advocacy. As the principal owner of Provo Counseling Center, she helps clients with ADHD, depression, anxiety, substance abuse, pornography addiction, and family systems work. She enjoys giving lectures, blogging, facilitating groups and writing. Camille provides individual counseling, organizes and facilitates women's groups, and teaches parenting classes.



THURS. JUNE 8, 2017

AD/HD: Ways to Collaborate with Mental Health Professionals

PRESENTED BY: ELLIE YOUNG

Ellie Young, PhD is a licensed psychologist and a BYU associate professor. Ellie worked as a school psychologist in public school settings in Kansas and Missouri. Working with youth with significant emotional and behavioral challenges

in the schools facilitated many opportunities to collaborate with community mental health professionals and parents. After completing doctoral studies in school psychology at the University of South Florida, Ellie began teaching in BYU's school psychology program where she has been for almost 16 years. She teaches classes in academic assessment and intervention, and working with students who have social-emotional and behavioral needs. She also maintains a small private psychology practice in Springville where she works with children, teens, and their parents. In all of her professional roles she has repeatedly seen the value of collaboration between educators, community professionals, and parents.

MEETING TIME & LOCATION

Presentation/Q & A
7:00 - 8:30pm

Group Discussion
(Informal discussion led by group members)
8:30 - 9:00pm

at Provo City Library

550 North University Ave., Provo
Young-Card Room #308

REASONS TO ATTEND:

- Meet other people who understand the impact of AD/HD and learn how they are coping with the same issues that you are experiencing.
- Learn some new strategies and share those that have worked for you to make your life more manageable and enjoyable.
- Learn more about AD/HD from special guest speakers and local health-care professionals.
- Sometimes we just need to be heard, or to relay our frustration without being judged, in an atmosphere of honesty and hope.

OUR SUPPORT GROUP MEETINGS:

- Are facilitated by parent volunteers.
- Do not endorse products, services, publications, medications or treatments.
- Are NO CHARGE to attend.
- Are held EVERY SECOND THURSDAY of each month except for July, August and December.
- Include educational presentations as well as group discussion time.

Email questions to:
info@chaddofutah.com

Visit our websites:

CHADD of Utah:
www.chaddofutah.com

CHADD National:
www.chadd.org