



# Utah County CHADD AD/HD Support Group

For parents and educators of children with AD/HD, and/or adults with AD/HD

## Upcoming Speakers & Topics



**THURS. SEPT. 14, 2017**

### Relationships and AD/HD: Social implications and the role of social support

Presented by: *Ben Salazar, Ph.D.*

Dr. Salazar is a clinical faculty member at Brigham Young University. He received his Ph.D. in Counseling Psychology from the University of Denver and has worked in a variety of settings, including university counseling centers, community mental health, and primary care hospital settings. He approaches therapy from an interpersonal perspective, and he views healthy relationships as key to healthy cognitive and emotional functioning. He has experience working with a broad range of mental health concerns, and specializes in treating anxiety disorders, couples/relationship issues, mood disorders, acculturation/adjustment concerns, and behavioral addictions. He highly values diversity in each client and strives to make therapy a safe, rewarding, and challenging experience. He also has interest in process-oriented group therapy. Dr. Salazar is a husband and father of four children. He enjoys spending time with his family, cycling, and playing and watching sports.



**THURS. OCT. 12, 2017**

### AD/HD and Mindfulness

Presented By: *Linda Quinton-Burr*

Through the years I have worked with clients on a wide variety of issues. Over a year ago I added neurofeedback therapy to my practice and, primarily because of that skill, have recently had numerous clients with migraines, seizures, and ADHD in addition to the more general relationship issues and specific problems such as, depression, anxiety, OCD. I am on the Department of Corrections Approved Provider List for treating sex offenders and also have extensive experience working with addictions of all kinds, including domestic violence and pornography.



**THURS. NOV. 9, 2017**

### ADHD: Success in Treatment and Co-morbidities

Presented by: *Dr. Frances Liu, D.O.*

Dr. Liu earned her Doctor of Osteopathy degree at Des Moines University, Iowa. She completed her pediatric residency at Albany Medical Center in New York. She practiced as a general pediatrician until this year, when she shifted her focus to mental health. She specializes in treating depression, anxiety, ADHD, OCD, mood disorders, autism, and more. Dr. Liu enjoys working with children and adolescents. She is passionate about helping others improve their mental health, self-esteem, and overall happiness.

#### MEETING TIME & LOCATION

**Presentation/Q & A**  
**7:00 - 8:30pm**

**Group Discussion**  
(Informal discussion led by group members)

**8:30 - 9:00pm**

**at Provo City Library**

550 North University Ave., Provo  
Young-Card Room #308

#### REASONS TO ATTEND:

- Meet other people who understand the impact of AD/HD and learn how they are coping with the same issues that you are experiencing.
- Learn some new strategies and share those that have worked for you to make your life more manageable and enjoyable.
- Learn more about AD/HD from special guest speakers and local health-care professionals.
- Sometimes we just need to be heard, or to relay our frustration without being judged, in an atmosphere of honesty and hope.

#### OUR SUPPORT GROUP MEETINGS:

- Are facilitated by parent volunteers.
- Do not endorse products, services, publications, medications or treatments.
- Are NO CHARGE to attend.
- Are held EVERY SECOND THURSDAY of each month except for July, August and December.
- Include educational presentations as well as group discussion time.

Email questions to:  
[info@chaddofutah.com](mailto:info@chaddofutah.com)

Visit our websites:

CHADD of Utah:  
[www.chaddofutah.com](http://www.chaddofutah.com)

CHADD National:  
[www.chadd.org](http://www.chadd.org)