



Utah County CHADD AD/HD Support Group

For parents and educators of children with AD/HD, and/or adults with AD/HD

Upcoming Speakers & Topics



THURS. SEPT. 13, 2018

From Homework Horror to Homework Happiness

For better or worse, homework is part of school. But children with attention and learning issues have additional factors that make homework tough for both the child and the parent. The good news is you can help your child to feel in control and defuse the homework battles before they start. This workshop will cover homework strategies and tips, organizing materials, and how to work with the school team allowing you and your child to move from homework horror to homework happiness!

Presented by: **Linda N. Smith, MRC**

Linda joined the Utah Parent Center (UPC) staff in September 2005. Prior to working at UPC, she worked as a public policy specialist and was Co-Director for the Legislative Coalition for People with Disabilities. She has a Master's Degree in Rehabilitation Counseling from Utah State University. She is also a person with disabilities including ADHD as well as a parent of four successful adult sons with disabilities.



THURS. OCT. 11, 2018

Transitioning from high school to college: Navigating all the ins and outs, ups and downs

Presented by: **Clay Frandsen, PhD**

My greatest passion in life is my family. I have two beautiful daughters and a wonderful wife. I treasure the few hours that I spend with them each day. As a family, we enjoy traveling, spending time at parks, and having movie nights. While most of my time is taken these days, I still enjoy fishing, talking sports with my dad and brothers, and reading in my free time.

I followed my family's tradition by attending the University of Utah, where I graduated with a bachelor's degree in psychology. Four months after graduating, I began my PhD in counseling psychology at Brigham Young University. While completing my graduate studies, I worked for three years as a psychometrician, which afforded me the opportunity to become familiar with psychological assessment and testing practices. After graduate school, it was my goal to open a private assessment clinic. I recently completed that goal, and the clinic (Complete Evaluations LLC) specializes in providing thorough ADHD assessments and coaching.

I am currently employed by Brigham Young University and work as an assistant director in the University Accessibility Center. I am passionate about working to ensure that students who have disabilities are given equal access to all academic opportunities at the university level. In this capacity, I have completed nearly 200 ADHD evaluations and 50 learning disorder evaluations. I also work with many students (i.e., documentation, implementing accommodations, sharing resources) as they transition from high school to the university.

MEETING TIME & LOCATION

Presentation / Q&A
7:00 - 8:30pm

Group Discussion
(Informal discussion led by group members)
8:30 - 9:00pm

at Provo City Library
550 North University Ave., Provo
Young-Card Room #308

REASONS TO ATTEND:

- Meet other people who understand the impact of AD/HD and learn how they are coping with the same issues that you are experiencing.
- Learn some new strategies and share those that have worked for you to make your life more manageable and enjoyable.
- Learn more about AD/HD from special guest speakers and local health-care professionals.
- Sometimes we just need to be heard, or to relay our frustration without being judged, in an atmosphere of honesty and hope.

OUR SUPPORT GROUP MEETINGS:

- Are facilitated by parent volunteers.
- Do not endorse products, services, publications, medications or treatments.
- Are NO CHARGE to attend.
- Are held EVERY SECOND THURSDAY of each month except for July, August and December.
- Include educational presentations as well as group discussion time.

Email questions to:
info@chaddofutah.com

Visit our websites:

CHADD of Utah:
www.chaddofutah.com

CHADD National:
www.chadd.org