

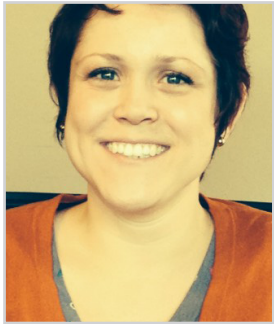


Utah County CHADD ADHD Support Group

For parents and educators of children with ADHD, and/or adults with ADHD

Upcoming Speakers & Topics

Due to Valentine's Day, we will NOT be meeting on our regular Thurs. (Feb 14). Instead we will meet:



THURS. FEB. 21, 2019

**Topic: Technology and the
ADHD Brain**

Presented by:

Jenn Zeuschner, M.S., LCMHC, NC

Jenn is a Licensed Clinical Mental Health Counselor and Director of Clinical and Corporate Operations for Early Life Child Psychology and Education Center in Murray, Utah.

Jenn was born and raised in Columbus, Ohio. She completed her undergraduate studies at The Ohio State University. She earned her Masters of Science in Mental Health Counseling from the University of Phoenix. Jenn has had the opportunity to work with a variety of population groups including children, teens, and adults. Some populations include those with trauma, ADHD, anxiety, Autism, OCD, mood and conversion disorders. She has received special training and certification in trauma-focused Cognitive Behavioral Therapy, anger management and play therapy. Jenn is currently working toward her Ph.D. in Counseling Education and Supervision.



THURS. MARCH 14, 2019

**Updates from Dr. Russell
Barkley: Shorter Life
Expectancy with ADHD**

Presented by: **Melanie Hatch**

Melanie is the coordinator for CHADD of Utah. CHADD is an international organization that helps support families and individuals dealing with the challenges of Attention Deficit Hyperactivity Disorder (ADHD). She has worked as a volunteer for CHADD for the past 25 years, and is a mom of terrific adult children with ADHD and has ADHD herself.

MEETING TIME & LOCATION

**Presentation / Q&A
7:00pm - 8:30pm**

at Provo City Library
550 North University Ave., Provo
Young-Card Room #308

REASONS TO ATTEND:

- Meet other people who understand the impact of ADHD and learn how they are coping with the same issues that you are experiencing.
- Learn some new strategies and share those that have worked for you to make your life more manageable and enjoyable.
- Learn more about ADHD from special guest speakers and local health-care professionals.
- Sometimes we just need to be heard, or to relay our frustration without being judged, in an atmosphere of honesty and hope.

OUR SUPPORT GROUP MEETINGS:

- Are facilitated by parent volunteers.
- Do not endorse products, services, publications, medications or treatments.
- Are NO CHARGE to attend.
- Are held EVERY SECOND THURSDAY of each month except for July, August and December.
- Include educational presentations as well as group discussion time.

Email questions to:
info@chaddofutah.com

Visit our websites:

CHADD of Utah:
www.chaddofutah.com

CHADD National:
www.chadd.org