



CHADD of Utah ADHD Support Group

For parents and educators of children with ADHD, and/or adults with ADHD



VIRTUAL MEETING
THURS. JAN. 14, 2021
7:00pm - 8:30pm

Understanding your child with ADHD: a skill-based framework

Presented by: **Gregory R. Miles, Ph.D.,
Licensed Psychologist**

Dr. Miles is a licensed psychologist specializing in the assessment and treatment of neurodevelopmental disorders across the lifespan. In addition to evaluating and treating individuals diagnosed with ADHD, autism spectrum disorders, and learning disabilities, Dr. Miles has worked with numerous clients struggling with OCD, anxiety, depression, and elimination disorders. He has worked within the school system and has expertise in special education law and practice.

Dr. Miles graduated from the University of Utah with his masters and doctorate in Educational Psychology, with an emphasis in School Neuropsychology. Prior to graduation, he worked for three years as a school psychologist in a local school district. Following graduation, he completed postdoctoral work in clinical psychology conducting psychological and neuropsychological evaluations as well as seeing clients for individual therapy in an outpatient setting.

Currently, Dr. Miles spends his time conducting evaluations, seeing individual clients for therapy, consulting with parents on home and school related problems, and consulting with schools on best practices for providing behavioral and emotional supports for students.

**To join the virtual meeting, send an
email to amyec68@comcast.net
and a meeting link will be sent to you.**

PLEASE NOTE: you need to request the link for each meeting you plan to attend. If you attended a previous virtual meeting, it does **NOT** automatically put you on the list for the next meeting.

REASONS TO ATTEND:

- Meet other people who understand the impact of ADHD and learn how they are coping with the same issues that you are experiencing.
- Learn some new strategies and share those that have worked for you to make your life more manageable and enjoyable.
- Learn more about ADHD from special guest speakers and local health-care professionals.
- Sometimes we just need to be heard, or to relay our frustration without being judged, in an atmosphere of honesty and hope.

OUR SUPPORT GROUP MEETINGS:

- Are facilitated by parent volunteers.
- Do not endorse products, services, publications, medications or treatments.
- Are **NO CHARGE** to attend.
- Are held **EVERY SECOND THURSDAY** of each month except for July, August and December.
- Include educational presentations as well as group discussion time.

Email questions to:

info@chaddofutah.com

Visit our websites:

CHADD of Utah:
www.chaddofutah.com

CHADD National:
www.chadd.org