

DIRECTORY OF PROFESSIONALS IN UTAH

DISCLAIMER: This Directory is not a comprehensive listing of services. The professionals on this list have asked to be listed here and have expressed an interest in assisting families and individuals living with ADHD. CHADD has not investigated the professionals on this list, and CHADD does not have the ability to evaluate their competence in providing services to families and individuals living with ADHD. You should personally question and investigate each provider to assess the provider's suitability for your particular needs. Placement in this directory listing does not represent an endorsement by CHADD. CHADD reserves the right to accept, reject or remove listings on the CHADD website at any time.

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Professionals in Davis County

COUNSELING / DIAGNOSIS / THERAPY

<p>Craig Simpson Matt's Place</p>	<ul style="list-style-type: none"> • Day treatment, intensive outpatient, therapeutic after school program, outpatient therapy medication management and groups for children 6-22 with behavioral social difficulties and autism spectrum disorder. • Specialize in children adolescents and families. Provide DBT therapy, mind body bridging, EMDR, as well as many other therapeutic modalities. 	<p>190 South Main Street , Centerville, UT 84014 801-614-8400</p> <p>Craigsimps@gmail.com mattsplace.org</p>
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Professionals in Salt Lake County

PROFESSIONAL ORGANIZERS

<p>Organize by Design Jamie R. Tabish</p>	<ul style="list-style-type: none"> • Professional organizer, time management, mentoring/classes for business, home and school • Experience working with adults and children with AD/HD. We help break tasks down into small, doable, pieces then add support and structure by creating predictable visual aides to help guide you through your day • We help support your internal organization by creating external structure to help guide and keep you on track 	<p>801-913-6846</p> <p>www.organizebydesign.com organizebydesign@xmission.com</p>
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COUNSELING / DIAGNOSIS / THERAPY

<p>David Jubelirer, MD</p> <p>Attention Disorders Clinic</p>	<ul style="list-style-type: none"> ADHD – work with children and adults CHADD National Professional 	<p>1111 East Brickyard Rd, Suite 205, SLC, UT 84106 801-467-4210 drjube@attentionclinic.com www.attentionclinic.com</p>
<p>Primary Children's Hospital Center for Counseling</p>	<ul style="list-style-type: none"> Children and Adolescents 	<p>5770 South 1500 West. SLC, Utah 84123 801-265-3000</p>
<p>Assessment, Counseling and Educational Services (ACES)</p>	<ul style="list-style-type: none"> Counseling for substance abuse, domestic violence, and other family issues Fees: Sliding Scale 	<p>3808 So West Temple, #1A, SLC, UT 84115 801-265-8000 www.acestreatment.org</p>
<p>Center for Family Development (CFD)</p>	<ul style="list-style-type: none"> Treatment for families involved in physical abuse and child sexual abuse Fees: Sliding Scale 	<p>1747 So 900 West, 2nd floor, SLC, UT 84104 801- 466-8353</p>
<p>The Children's Center</p>	<ul style="list-style-type: none"> Treatment of emotionally disturbed preschool children and their families ages up to 7 yrs old Fees: Sliding scale-accepts private pay, insurance and Medicaid 	<p>1855 East Medical Dr, SLC, UT 84112 801-582-5534 www.tccslc.org</p>
<p>Child Development Clinic (CDC)</p>	<ul style="list-style-type: none"> Children with special health care needs Diagnosis and evaluation for autism & dev. delays; birth to 5 yrs Fees: Sliding scale 	<p>44 No Medical Drive, SLC, UT 84112 801- 584-8510 www.health.utah.gov/cshcn</p>
<p>Community Supports (CTA)</p>	<ul style="list-style-type: none"> Community-based treatment program for individuals with autism/developmental disabilities Fees: Set and Sliding Scale 	<p>4444 So 700 East #203, Murray, UT 84107 801-268-4887</p>
<p>Family Counseling Center</p>	<ul style="list-style-type: none"> Provides individual and family counseling, psychiatric services, substance abuse treatment, and domestic violence therapy. Fees: Sliding scale and third party payment 	<p>5250 So Commerce Dr (320 W), Suite 250, SLC, UT 84107 801-261-3500</p>
<p>Family Abuse Center for Treatment</p>	<ul style="list-style-type: none"> Specializes in possible sexual abuse. Provides family, child and adult individual therapy and evaluations for the court. Fees: Insurance, grants, Medicaid 	<p>5691 So Redwood Road #51, Taylorsville, UT 84123 801-281-4080 ext. 15</p>
<p>The Fourth Street Clinic: Wasatch Homeless Health Care Program</p>	<ul style="list-style-type: none"> Individual and group therapy for homeless individuals and families Fees: None 	<p>404 So 400 West, SLC, UT 84101 801-364-0058 www.fourthstreetclinic.org</p>
<p>Heartworks Counseling Services: The Children's Service Society of Utah</p>	<ul style="list-style-type: none"> Children's therapy program ages 2-15; group counseling ages 4-10; adolescent/adult counseling; parenting classes Fees: Sliding scale and third party payors 	<p>124 So 400 East, Suite 400, SLC, UT 84111 801-355-7444 or 1-800-839-7444 www.cssutah.org/therapy/</p>

Holladay Family & Child Guidance Clinic	<ul style="list-style-type: none"> • Crisis intervention, family therapy. Specialized in behavior and discipline • Fees: Insurance, sliding scale 	4667 So Holladay Blvd #2, SLC, UT 84117 801-277-8025
Holy Cross Ministries	<ul style="list-style-type: none"> • Professional mental health counseling-adult and school counseling services for at risk individuals • Fees: Sliding scale 	2570 W 1700 So, SLC, UT 84104 801- 908-0293 www.holycrossministries.org
IHC Behavioral Health Network	<ul style="list-style-type: none"> • In-patient; residential treatment; day treatment; chemical dependency programs; outpatient treatment in most appropriate setting throughout the valley • Fees: third party payers 	5770 So 1500 W, SLC, UT 84123 801-265-3049 or 1-800-832-3622 www.ihc.com
Intermountain Specialized Abuse Treatment (ISAT)	<ul style="list-style-type: none"> • Treatment and prevention of sexual abuse and domestic violence. Also substance abuse treatment program with individual and group therapy • Fees: Sliding scale 	3809 So West Temple, Suite 1B, SLC, UT 84165 801-268-4457 or 1-800-303-9805 www.isatcenter.org
Jewish Family Services	<ul style="list-style-type: none"> • Counseling services for individuals, couples, and families • Fees: Sliding scale; private pay; third party payers 	#2 North Medical Drive (1800 East), SLC, UT 84113 801-581-1330 www.jfs-ut.org
LDS Family Services	<ul style="list-style-type: none"> • Assists LDS Church members with counseling services. Adoption services available for non-LDS families. • Fees: Individually arranged 	132 So State Street, Suite 100, SLC, UT 84111 801- 240-6500 www.ldsfamilyservices.org
Mental Health Association of Utah	<ul style="list-style-type: none"> • Conducts intensive self-advocacy training programs for mental health consumers. Trains mental health professionals in cultural competency. Conducts campaign for Utah mental health. • Fees: None 	1800 So West Temple, Suite 501, SLC, UT 84115 801- 596-3705 www.xmision.com/-mhaut/
NAMI Utah	<ul style="list-style-type: none"> • Conducts educational programs for families and persons with mental illness. Support groups for persons with mental illness their families and friends. Provides student/parent education program in the schools. Provides training, mentoring and advocacy for those affected by mental illness. • Fees: None 	450 So 900 East, Suite 160, SLC, UT 84102 801- 323-9900 www.namiut.org
Samaritan Counseling Centers of Utah, INC	<ul style="list-style-type: none"> • Professional counseling and consultation in a faith-based environment. • Fees: Sliding Scale 	1626 So 1700 East, SLC, UT 84108 801- 483-0057 www.samaritanutah.org

Shepherd's Staff Christian Counseling Center, INC	<ul style="list-style-type: none"> • Provides professional mental health services from an interdenominational Christian perspective. Individual, family and group therapy. • Fees: Sliding scale 	731 East 8600 So, Sandy, UT 84098 435-649-2233 www.shepherdofthemountains.org
Trauma Awareness and Treatment Center	<ul style="list-style-type: none"> • Provides treatment for anxiety disorders, dissociative disorders, conduct disorders, and depression. Marital, family and group therapy. State licensed domestic violence treatment provider. • Fees: Set-minimum \$65/hr, private insurance, and Medicaid 	715 East 3900 So, Suite 109, SLC, UT 84107 801- 263-6367 www.traumaawareness.org
University Neuropsychiatric Institute (UNI)	<ul style="list-style-type: none"> • Clinical Assessment, Inpatient and Outpatient Services • Fees: Set- third party payor 	501 South Chipeta Way (2330 East), SLC, UT 84108 801- 583-2500 www.uuhsc.utah.edu/uni
Utah Autism Research Program	<ul style="list-style-type: none"> • Assessment and Diagnosis for Autism • Fees: \$500 fee / does not accept insurance 	Judith Miller 421 Wakara Way, #143, SLC, UT 84108 801- 585-4098
Utah Parent Center (UPC) and Autism Information Resources	<ul style="list-style-type: none"> • Autism information resources provide information and referral, support groups and an annual 2 day conference on autism and related issues. 	2290 East 4500 So, Suite 110, SLC, UT 84117 801- 272-1051 / 801-272-1067 (Spanish) www.utahparentcenter.org
Valley Mental Health	<ul style="list-style-type: none"> • VMH contracts with the State of Utah to provide mental health services for Salt Lake, Tooele, and Summit Counties. • Fees: Sliding scale and Medicaid 	5965 So 900 East, #420, SLC, UT 84121 801-263-7100 www.vmh.com
GRIEF COUNSELING / SERVICES		
Caring Connections: A Hope and Comfort in Grief Program	<ul style="list-style-type: none"> • Provides grief counseling and grief information and program • Fees: Set- \$40 for an 8 week session. Scholarships available for those with financial hardship 	U of U College of Nursing 10 So 2000 East, SLC, UT 84112 801- 585-9522 www.nurs.utah.edu/caringconnections/index.html
The Sharing Place	<ul style="list-style-type: none"> • Provides grief support groups for children 3 ½ - 16 yrs old. Families also placed in groups after intake. • Fees: Families make pledge based on what they feel they can afford to pay. 	1695 East 3300 So, SLC, UT 84106 801- 466-6730 www.thesharingplace.com

SUBSTANCE ABUSE SERVICES

Al-Anon	<ul style="list-style-type: none"> • Self-help groups, support groups, information and referral for alcohol abuse. • Fees: none 	5065 So 300 W, Murray, UT 84107 801-262-9587 www.al-anon-alateen.org
Alcohol and Drug Abuse Clinic	<ul style="list-style-type: none"> • Outpatient evaluation and treatment for adult alcohol and drug abuse. • Fees: Set 	U of U Health Sciences Center 30 No 1900 East, 1R52 SOM, SLC, UT 84132 801- 581-6228
Cornerstone Counseling Center	<ul style="list-style-type: none"> • Adult and adolescent outpatient substance abuse treatment. Substance abuse prevention programs and domestic violence treatment programs. General mental health counseling specializing in stress, trauma, anxiety and depression. • Fees: Sliding scale-accepts private pay, private insurance, and Medicaid. 	660 So 200 East, Suite 308, SLC, UT 84111-3853 801- 355-2846 www.cornerstonesic.com
First Step House	<ul style="list-style-type: none"> • Residential and outpatient substance abuse services. DUI classes, group and individual therapy • Fees: sliding scale for Salt Lake County residents; set for others. 	411 So Grant Street (740 W), SLC, UT 84116 801- 359-8862 www.firststephouse.org
Indian Walk-In Center	<ul style="list-style-type: none"> • Adult substance abuse care and counseling and youth substance abuse prevention program for American Indians and Alaskan Natives 	120 West 1300 So, SLC, UT 84115 801- 486-4877
Life-Line Inc.	<ul style="list-style-type: none"> • Group, individual, and family therapy for youth (13-18) and their families experiencing substance abuse and other behavior problems. • Fees: Set-approx. \$2000 per month 	1130 West Center St, North Salt Lake, UT 84054 801- 936-4000 www.life-line.net
Odyssey House	<ul style="list-style-type: none"> • Treatment, education, and prevention services for substance abuse, juvenile delinquency, and people with self-destructive lifestyles. 	344 East 100 So, #301, SLC, UT 84111 801- 322-4257 www.odysseyhouse.org
Substance Abuse Prevention and Treatment Services	<ul style="list-style-type: none"> • Substance abuse services for ages 8-17, including evaluation/assessment, individual, group and family counseling and life skill classes. • Fees: Sliding scale or none 	Salt Lake County Division of Youth Services 177 West Price Avenue (3610 So), SLC, UT 84115 801- 269-7500 www.slcoyouth.org
Youth Support Systems	<ul style="list-style-type: none"> • Prevention and treatment of adolescent substance abuse and co-occurring disorders. Includes Project Link a substance abuse prevention program targeting youth in junior high and standard/intensive outpatient substance abuse treatment programs. • Fees: Treatment-sliding scale 	3392 West 3500 So, West Valley City, UT 84119 801- 969-3307 Email: yss@attglobal.net

Professionals in Summit County

COUNSELING / DIAGNOSIS / THERAPY

<p>David Jubelirer, MD</p> <p>Attention Disorders Clinic</p>	<ul style="list-style-type: none"> • ADHD – work with children and adults • CHADD National Professional 	<p>2760 W. Rasmussen Rd., Suite 205, Park City, UT 84098 801-467-4210 drjubee@attentionclinic.com www.attentionclinic.com</p>
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Professionals in Utah County

COUNSELING / DIAGNOSIS / THERAPY

<p>Dr. Aaron Allred</p>	<ul style="list-style-type: none"> • Specialize in testing and diagnosing ADD/ADHD, learning disorders, depression, anxiety, and other psychological conditions. • Diagnostic evaluations to provide school-related accommodations and standardized testing accommodations (e.g., ACT, SAT, or GRE, etc.). Evaluations can help in providing clarification for individuals working with a physician or a counselor/therapist. • For children, adolescents and adults. 	<p>2170 WSC, Brigham Young University, Provo, Utah 84602 801.472.4251 aaron.m.allred@gmail.com https://therapists.psychologytoday.com/rms/name/Aaron_Allred_PhD_Provo_Utah_213187</p>
<p>Dr. Russ Gaede, PsyD, CMHC</p> <p>Regenesys</p>	<ul style="list-style-type: none"> • Mental health therapy • Using Positive Psychology to help you feel better and achieve more 	<p>1429 South 550 East, Orem, UT 84097 801-477-0467 www.drusstherapy.com russellgaede@gmail.com</p>

Professionals in Weber County

COUNSELING / DIAGNOSIS / THERAPY

<p>McKay Dee Behavioral Health</p>	<ul style="list-style-type: none"> • Hospitals, Mental Health Clinics, Mental Health Practitioners, Marriage & Family Counseling, Family Crisis Intervention Services 	<p>5030 Harrison Boulevard, Ogden, UT 84403 801-387-5744</p>
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